

# SPIRITUAL EXERCISES

## *According to Saint Ignatius of Loyola*

“WE CALL SPIRITUAL EXERCISES EVERY WAY OF PREPARING AND DISPOSING THE SOUL TO RID ITSELF OF ALL INORDINATE ATTACHMENTS, AND, AFTER THEIR REMOVAL, OF SEEKING AND FINDING THE WILL OF GOD IN THE DISPOSITION OF OUR LIFE FOR THE SALVATION OF OUR SOUL. (SAINT IGNATIUS, SPIRITUAL EXERCISES, N. 1.)”

For Men

Date: Jan. 30-Feb. 2, 2023

For Women

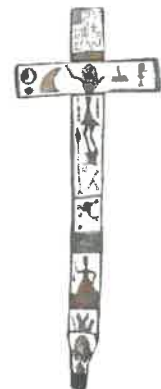
Date: Feb. 6-9, 2023

*For registration or any questions please contact:*

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*Preached by IVE Priest*

PLACE: Manresa Jesuit  
Spiritual Renewal Centre  
2325 Liverpool Rd,  
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COST: \$375



INSTITUTE OF THE INCARNATE WORD