# **Knights of Columbus**



# Supporting your Community

- Alzheimer Society
- Arthritic Society
- CKL Boys & Girls Club
- > Canadian Wheel Chair Foundation
- Free Throw Basket Ball
- Human Spirit Awards
- Kawartha Lakes Pregnancy Centre
- Kawartha White Cane
- > Royal Canadian Legion Remembrance
- Santa Stocking Fund
- > Salvation Army Christmas Appeal
- > Super Cities Multiple Sclerosis Walk
- Special Olympics

Prizes Prize to the rider with the highest paid pledges

Age Category

- Under 16
- 16 to 60
- Over 60





# Proceeds will benefit local needs

# Knights of Columbus

Recreational Cycling Ride and BBQ

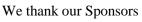
Saturday

August 11th 2018

"Come and Enjoy a Great Cycling Experience" (this is not a race)

## Registration 9:00a.m.

- Helmets are mandatory
- Leaving from St. Mary's church parking lot- choose either a 15k or 30k route.
- Each route will have leaders who will take you along our wonderful Kawartha Trans Canada Trail. Sag vehicles will be available for emergency help.
- Rest/Water Stop are provided.
- Enjoy fellowship and BBQ upon completing the ride. (*invite family members to you*)







## **Registration Form Pledges or Registration Fee minimum**

Pre-registration - \$20 or \$50 in pledges Same Day - \$25 or \$50 in pledges											
<ul> <li>Sixteen and under</li> <li>Pre-registration/Same Day - \$5 or</li> <li>\$20 in pledges</li> <li>Family - \$40.00 or \$\$50.00in pledges</li> </ul>											
Please make cheques payable to Knights of Columbus											
NAME:											
ADDRESS:											
CITY:POSTAL:											
PHONE:											
E-MAIL:											
□ 15 km □ 30 km											

Waiver: In consideration of your acceptance of this form, I hereby for myself, my administrators, my heirs and assigns, waive any and all rights and claims for damages I have against the organizers, associates and representatives of the event. I also agree to obey all safety precautions, avoid littering and respect the property of others. Cyclists under the age of 16 years must be accompanied by an adult.

#### Signature:

Parent or Guardian

Start and Finish Point

St. Mary's Church Parking Lot

Registration Opens – 9:00 a.m.

#### Routes:

- 30k leaving at 9:30 a.m.
- 15k leaving at 10:30 a.m.

## All riders must follow Route Leader.

Please be on time to begin your ride! Cyclists are responsible for their own safety and <u>Must Wear a Helmet During the Event</u>.

15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	#	
															Name	
															Address	Pledge Form
															City	
															Postal	
															Pledge	